The Self - part 1

I. What is the self?
   A. The self-concept

II. Why the self matters in social psychology
   A. How the self influences our interpretation of the world
      1. Self-referencing effect
   B. How the self influences how we interact with the world
      1. Need for positive self-esteem
         a. What is self-esteem?
         b. Ways we boost our esteem through impression management
         c. Ways to boost our esteem through meeting our goals
            (1) possible selves
            (2) ought self
            (3) ideal self
            (4) actual self
            (5) What happens when we don’t meet our goals?