I. What is the self?
   A. Self-concept
      1. Schematic dimensions
      2. Self-referencing effect
   B. Possible selves
      1. Ideal self
      2. Ought self
      3. Self-focus
         a. Causes
         b. Avoiding self-focus
   C. Self-esteem
      1. Lay theories of self-esteem
         a. Self-esteem & Achievement
            (1) Mueller & Dweck (1998)
         b. Self-esteem & violence
            (1) Bushman & Baumeister (1998)