Interested in brain functioning and health?

You can earn $300 for your participation in a CU research study investigating changes in the brain as a result of physical activity.

You may be eligible to participate if you are:

- Age 65 or over
- Have no non-removable metal in your body
- NOT physically active (exercise less than 60 minutes a week)
- Living in the Boulder-Denver area and planning to remain in this area for the next 6 months

This study involves:

1. Physical screening with a CU Boulder physician
2. Blood draws
3. 2 maximal exercise tests to assess your fitness level
4. 2 DNA sample collections (from saliva)
5. 3 health/psychological assessments
6. 2 fMRI scanning + neuropsychological testing sessions
7. 4-month exercise program (3 sessions/wk)

If you are interested, please contact the CU CHANGE research lab at:

303-492-9549 or force.researchstudy@gmail.com