

## Self Part 1

- I. What is the self?
  - A. Self-concept
    - 1. Schematic dimensions
    - 2. Self-referencing effect
  - B. Possible selves
    - 1. Ideal self
    - 2. Ought self
    - 3. Self-focus
      - a. Causes
      - b. Avoiding self-focus
  - C. Self-esteem
    - 1. Lay theories of self-esteem
      - a. Self-esteem & Achievement
        - (1) Mueller & Dweck (1998)
      - b. Self-esteem & violence
        - (1) Bushman & Baumeister (1998)