1. What factors predispose people to depression and anxiety disorders? Know about the effects of gender, income level, life events, parental relations, self-esteem, genetics, attributinal style, and social support
   a. Will everyone who has these predisposing factors develop depression or an anxiety disorder? How is the idea of diathesis-stress relevant here?

2. Once depression or anxiety is experienced, what interpersonal and cognitive factors work to sustain the states?
   a. What does the Coyne study tell us about how depression may be sustained?

   a. What did they do in their study to look at how disharmonious marriages affect the emotional well-being of kids?
   b. To the extent that disharmonious homes have an effect on the kids, what other behaviors might marital disharmony effect, which in turn might affect the kids?
   c. What did they conclude?