

Sampling distributions & the sampling distribution of the mean

Lectures 11 & 12

Readings: GW 7 & SS 7.4

Parameters and statistics

- **Population** - Entire group of items/individuals we want information about.
- **Sample** - The part of the population we actually examine in order to gather information.
- A **parameter** is a number that describes the population. It is fixed, but we don't know its value.
- A **statistic** is a number that describes a sample. Its value is known, but it varies from sample to sample.
- We often use statistics to estimate the unknown parameter

Statistical Inference

- **Statistical inference** draws conclusions about a population on the basis of data from a sample.
- It also provides us with a statement of how much **confidence** we can place in our conclusions.
- We are in many cases interested in the **mean** value a variable takes in the population.

Efficiency of statistics

- Individual scores are random draws from a population
- The sample mean is a guess about the true population mean
- But how accurate (or efficient) is the sample mean?
- Or, I could say, what is the standard deviation of the sample mean
- I want to estimate the SD of the mean of n observations, i.e., how much the mean is expected to vary from sample to sample
- But I only get to observe *one* sample

The sampling distribution

Imagine that you could draw a sample and calculate a mean or median or SD or whatever statistic again and again from a population.

What would that distribution of this statistic look like?

You're conceptualizing a sampling distribution.

What is its expected value and standard deviation?

If you know this, you can answer how likely it is that a sample with a given mean (or median or SD) was drawn from a population with known mean (or median or SD)

The sampling distribution

- ...is a distribution of sample statistics (means, medians, etc.)
- ...is a theoretical distribution that describes all possible means, medians, etc., and the probability of obtaining each value.
- ...can be visualized using simulations, but must be imagined when collecting real data.

Three “Amazing” Facts about Sampling Distributions of the Mean

1. They are approximately normal
When data in population are normally distributed and even if they are not, assuming large n
2. They are centered at μ of the population they are drawn from
Mean is unbiased
3. Their standard deviation equals the standard deviation of the individual scores divided by the square root of the sample size (standard error of the mean)

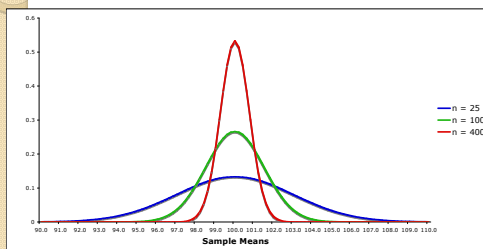
$$SEM = \sigma_{\bar{X}} = \frac{\sigma}{\sqrt{n}}$$

Sampling Distributions as a function of n

- Assume IQ: $\mu=100; \sigma=15$
- Sampling Distribution of Sample Means if $n = 25$
 - Normal $E(\bar{X})=100; \sigma_{\bar{X}} = \frac{15}{\sqrt{25}} = 3$
- Sampling Distribution of Sample Means if $n = 100$
 - Normal $E(\bar{X})=100; \sigma_{\bar{X}} = \frac{15}{\sqrt{100}} = 1.5$
- Sampling Distribution of Sample Means if $n = 400$
 - Normal $E(\bar{X})=100; \sigma_{\bar{X}} = \frac{15}{\sqrt{400}} = 0.75$

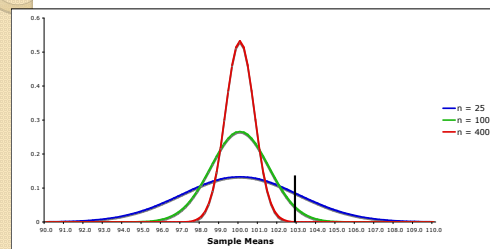
Sampling Distributions of the Mean

$$\mu=100; \sigma=15; n=25, 100, 400$$



Sampling Distributions of the Mean

How likely is a Sample Mean IQ of 103 or greater?



Sampling Distributions of the Mean

How likely is a Sample Mean IQ of 103 or greater?

- $n = 25$ $z_{103} = \frac{\bar{X} - \mu}{\sigma_{\bar{X}}} = \frac{103-100}{3} = 1.00$ $p = .1587$
- $n = 100$ $z_{103} = \frac{\bar{X} - \mu}{\sigma_{\bar{X}}} = \frac{103-100}{1.5} = 2.00$ $p = .0228$
- $n = 400$ $z_{103} = \frac{\bar{X} - \mu}{\sigma_{\bar{X}}} = \frac{103-100}{.75} = 4.00$ $p < .0001$

Sampling Distributions of the Mean

What Values of the Mean would occur 95% of the time?

- What Z score in a normal distribution separates the most extreme 5% of the scores from the middle-most 95% of the scores?
- ± 1.96
- $n = 25$; standard error of the mean = 3.00

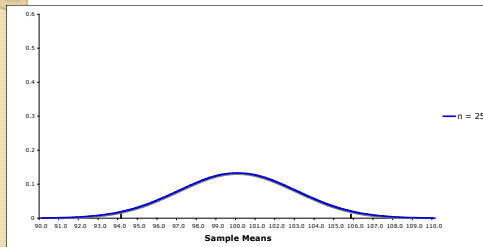
$$\pm 1.96 = \frac{\bar{X} - \mu}{\sigma_{\bar{X}}} = \frac{\bar{X} - 100}{3}$$

$$\bar{X} < 100 - 1.96(3.00) = 94.12$$

$$\bar{X} < 100 + 1.96(3.00) = 105.88$$

Sampling Distributions of the Mean

What Values of the Mean would occur 95% of the time?



Sampling Distributions of the Mean

What Values of the Mean would occur 95% of the time?

- What Z score in a normal distribution separates the most extreme 5% of the scores from the middle-most 95% of the scores?
- ± 1.96
- $n = 100$, standard error of the Mean = 1.50

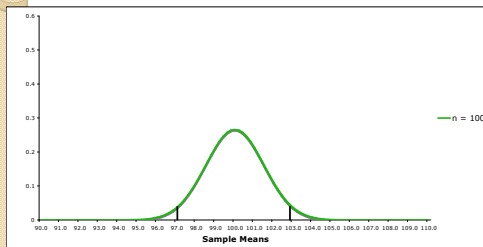
$$\pm 1.96 = \frac{\bar{X} - \mu}{\sigma_{\bar{X}}} = \frac{\bar{X} - 100}{1.50}$$

$$\bar{X} < 100 - 1.96(1.50) = 97.06$$

$$\bar{X} < 100 + 1.96(1.50) = 102.94$$

Sampling Distributions of the Mean

What Values of the Mean would occur 95% of the time?



Sampling Distributions of the Mean

What Values of the Mean would occur 95% of the time?

- What Z score in a normal distribution separates the most extreme 5% of the scores from the middle-most 95% of the scores?
- ± 1.96
- $n = 400$, standard error of the Mean = 0.75

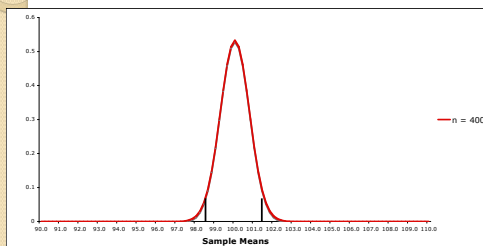
$$\pm 1.96 = \frac{\bar{X} - \mu}{\sigma_{\bar{X}}} = \frac{\bar{X} - 100}{.75}$$

$$\bar{X} < 100 - 1.96(.75) = 98.53$$

$$\bar{X} < 100 + 1.96(.75) = 101.47$$

Sampling Distributions of the Mean

What Values of the Mean would occur 95% of the time?



Deriving the standard error of the mean

This section is for your own edification regarding *why*
 $SEM = SD/\sqrt{n}$.

You will not be tested on it.

Background on random variables

If X is a random variable, $\text{var}(X)$ is its variance
Sum of two variables $X1$ and $X2 = X1 + X2$

Variance sum law:

$$\text{Var}(X1 + X2) = \text{var}(X1) + \text{var}(X2)$$

$$\text{Var}(X1 - X2) = \text{var}(X1) + \text{var}(X2)$$

Constant multiplication rule:

If I multiply a random variable X by 2, I get $2X$

$$\text{Var}(2X) = 2^2 * \text{var}(X)$$

$$\text{Var}(aX) = a^2 \text{var}(X)$$

The sampling distribution for a mean

- Imagine I measure two subjects $x1$ and $x2$
- They are drawn from random variables $X1$ and $X2$, respectively
- I assume they come from identical distributions
- Their mean, or the sample mean, is $(X1 + X2) / 2$
- What is the variance of that sample mean?
- This tells me how accurate the sample mean is.
- Why? $\text{Sqrt}(\text{var}) = \text{st. deviation} = \text{how far off the true mean I typically am}$

$$\text{find: } \text{var}\left(\frac{X1 + X2}{2}\right)$$

SEM derivation

Variance of sampling distribution (for mean)

Assume independent $X1$ and $X2$!

$$\text{var}\left(\frac{X1 + X2}{2}\right) = (1/2)^2 (\text{var}(X1) + \text{var}(X2))$$

$$\text{var}(X1) = \text{var}(X2) = \text{var}(X) \quad \leftarrow \text{Assume } X1 \text{ \& } X2 \text{ have identical distribution, with same variance!}$$

$$\text{var}\left(\frac{X1 + X2}{2}\right) = (1/2)^2 * 2 * \text{var}(X) = \frac{2 \text{var}(X)}{4}$$

$$\text{define: } \text{var}(X1) = \text{var}(X2) = \sigma_x^2$$

$$\text{var}\left(\frac{X1 + X2}{2}\right) = \frac{\sigma_x^2}{2} \quad \leftarrow \text{Variance of sampling distribution for mean of 2 subjects}$$

SEM derivation

Standard deviation of sampling distribution (for mean)

$$\text{var}\left(\frac{X1 + X2}{2}\right) = \frac{\sigma_x^2}{2}$$

$$SD\left(\frac{X1 + X2}{2}\right) = \sqrt{\frac{\sigma_x^2}{2}} = \frac{\sigma_x}{\sqrt{2}} \quad \leftarrow \text{Std. of mean of 2 variables}$$

$$\text{var}\left(\frac{X1 + X2 + \dots + X_n}{N}\right) = \frac{1}{N^2} \text{var}(X1 + X2 + \dots + X_n) = \frac{1}{N^2} [\text{var}(X1) + \text{var}(X2) + \dots + \text{var}(X_n)] = \frac{1}{N^2} [N \sigma_x^2] = \frac{\sigma_x^2}{N}$$

Std. of mean of n variables

$$SD\left(\frac{X1 + X2 + \dots + X_n}{n}\right) = \frac{\sigma_x}{\sqrt{n}}$$

Each subject is a random variable
--> n subjects

The sampling distribution

This means

If $\hat{\sigma}$, or s , is our estimate of the sample standard deviation (average deviation of an individual from the sample mean)

$\frac{\hat{\sigma}}{\sqrt{n}}$ Is our estimate of how far off the sample mean is, on average, from the true population mean

This is the **standard error of the mean**

...our estimate of the standard deviation of the sampling distribution of means